

PRIVATE Postnatal Care



mantra
charles hotel

Following the birth of your baby at the LGH. You have a choice.

Spoil yourself at the Mantra Charles Hotel

St.LukesHealth offers members a choice for their postnatal care in Northern Tasmania. In partnership with the Mantra Charles Hotel we are pleased to offer you a more personalised postnatal stay to allow you extra time to rest and get to know your baby while being supported by experienced midwives and lactation consultants.

This offer includes:

- A car to pick you up from the LGH, with escort included
- A 3 night stay at Mantra Charles with plenty of room for you, your support person and baby
- A special pamper pack will welcome you and your baby to your room
- An experienced midwife or lactation consultant visiting you twice most days to provide help and information

- A visit from a physiotherapist to help with your recovery
- All meals for mum are included, plus spoil someone special and have them join you for a complimentary dinner during your stay
- A house clean before you get home.

The room is prepared especially for you

- A comfortable bed for two with plenty of pillows
- An easy chair for comfortable baby feeding
- A baby bed that's also a bath for your little one
- A nappy change area
- A kitchenette
- A spacious bathroom
- Breast pump and kits
- Sterilising option for formula feeding
- Baby weighing scales

Or relax in the comfort of your own home

We know some mums would prefer to go straight home and get settled in there.

As an alternative to our hotel service, you can be discharged home and receive our support there.

Call us to see what's available in your area.

Eligibility

To be eligible for this service you need to be a member of St.LukesHealth, delivered your baby at the LGH and be covered by a hospital product that includes pregnancy and related services. A 12 month waiting period also applies to new members and to members transferring from another fund. Contact St.LukesHealth on 1300 651 988 for further details.



What to do now

If you would like more information about this offer, please contact St.LukesHealth on 1300 651 988. Our friendly staff will send you an Information Pack. Registering your interest in this offer is all you need to do at this stage of your planning.

What to do later

Once you and your baby are well and your doctor or midwife is happy for you both to be discharged, simply notify St.LukesHealth.

Ideally, 24 hours notice will allow the health fund to set up all the components of the Postnatal Service.

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Launceston 17 The Quadrant Mall Launceston 7250

Customer Care Centres
Hobart 94 Liverpool Street Hobart 7000
Kingston Shop 28a Channel Court Kingston 7050
Devonport 26 Rooke Street Devonport 7310
Burnie 27 Cattley Street Burnie 7320
Smithton 24 Smith Street Smithton 7330

Agents
Queenstown 14-16 Orr Street Queenstown 7467
Deloraine 64 Emu Bay Road Deloraine 7304



This service is available to St.LukesHealth Members in Northern Tasmania where there is no access to private hospital postnatal services. Mothers who deliver at the Launceston General Hospital (LGH) can access the postnatal service at the Mantra Charles Hotel regardless of where they live in Northern Tasmania. Mothers and babies will require discharge by their obstetrician from the LGH before accessing this post-discharge service. The postnatal service is available on all products with the exception of Packaged Budget 500 Level 2, Budget 500 Level 2 and Hospital Co-Pay. St.LukesHealth also offers a home based postnatal service, for further details contact 1300 651 988 or visit www.stlukes.com.au. 12 month waiting period applies to new members and members transferring from another fund. Members who reside in Southern or North West Tasmania are not eligible for this service, as postnatal services are provided by the private hospitals in these regions, unless they deliver at the LGH.


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